

Psychology

Unpacking your Memory

Leveled Assessment ______

Name: Section:

Score: _____/5

Directions: After completing the notes titled Human Memory answer the questions bellowing relating to your own learning process and memory retention.

1. What type of learner are you? What types of strategies (explain two) do you use to help you remember things. Use concepts from the notes to help you answer this question.

2. Search your own memory and describe an event from your childhood. In your explanation use at least four different psychological concepts (Underline each concept) relating to how you have encoded, stored, and recalled information about the memory.