Psychology
Training and Operant Conditioning
Leveled Assessment _____/4

Name:
Section:
Score: _____/5

Directions: After completing the notes on operant conditioning answer the following series of questions related to the theory of operant conditioning.

1. Explain what operant conditioning is and how the ideas of reinforcement and punishment are used in learning a behavior.

2. When trying to teach a behavior what are the following considered in order to increase effectiveness and longevity of the learned behavior.
   a. Shaping

   b. Discrimination

   c. Extinction

3. Considering Punishment and reinforcement which do you think is more effective in helping an individual learn a behavior? Explain your reasoning.

4. Think of an example of how you use Operant Conditioning in your life (school, with family, with pets, etc…). How do you use it? What type of behavior are you expected to do, or are trying to teach? What methods seem to be more effective in teaching the behavior?