



Psychology

A New Perspective

Leveled Assessment ____/4

Name:

Section:

Score: ____/5

Directions: One of the major parts of psychology is analyzing situations through the psychological framework and then making a suggestion for individual improvement. Work through the following activity to help you work through a question as a structural psychologist might.

- Brainstorm and list 10 things that may influence the development of an individual psychologically (mental and emotional development). **Structuralism View: The whole is equal to the sum of its parts**

| Influencing Psychological Development | |
|---------------------------------------|-----|
| 1. | 6. |
| 2. | 7. |
| 3. | 8. |
| 4. | 9. |
| 5. | 10. |

- Sort those factors into things that an individual can control, and things they cannot control. Explain your reasoning for two of each of your factors from either side. **Structuralism View: Tries to understand the basic contributions of each part**

| Influencing Psychological Development | |
|---------------------------------------|------------------------------------|
| Factors that CAN be Controlled | Factors that can NOT be Controlled |
| | |
| Explanation 1: | Explanation 1: |
| Explanation 2: | Explanation 2: |

- Choose one of those factors that you said can be controlled and come up with a suggestion for how people can change (lifestyle, habit, actions) to improve their mental/emotional development.